



## Satwant Singh

March 13, 1934 - December 26, 2023

Mrs. Satwant Singh was born on March 13, 1934, as Satwant Kaur Chhabra in a place named Vihari, now in Pakistan. She was the youngest of a family of 7 siblings of 5 brothers and 2 sisters.

She completed her middle school education from Lahore, now in Pakistan. After Partition of India, she migrated to Amritsar, India in August of 1947 and eventually settled in Dehradun where one of her brothers was working.

She completed her high school in 1950 from Dehradun and her Bachelor of Arts in 1954. In 1956, she obtained a Master of Arts degree in Psychology from University of Saugar in Jabalpur. All this time she was also an active sports enthusiast having played badminton at the state level.

She put her education to use by working as a school counselor in Bilaspur. She continued doing that for 6 years until her marriage in August of 1962 in Delhi. After her marriage, the couple moved to Shillong because of her husband's job. She worked there as a headmistress of a high school. A year later her husband's job took them to Kolkata. From 1963 to 1966, she worked as a psychology counselor in Kolkata for the Vocational and Educational Training Institute.

During their time in Kolkata, the couple were blessed with their first child,

Upinder in 1965.

In 1966, her husband's job took the family to Ranchi where she decided to pursue a PhD in psychology at the University of Ranchi. Having witnessed firsthand the trauma during the Partition of India of one of the greatest human migrations in world history, she wanted to study how stress from such events impacts school children.

In 1967, the couple were blessed with their second child, Rupinder. Balancing motherhood, her studies and work, she also began teaching at a local school.

In 1970, her husband's job took her to the hill resort town of Mussoorie (right next to where she went to high school in Dehradun). She continued to pursue her PhD - collecting data from local schools in Mussoorie.

In 1972, her husband's job took her to Delhi. She continued to pursue her PhD - collecting data from local schools in Delhi.

In 1973, her husband's job took her to London, UK. Her children were 7 and 9 years old. She took up a job as a teacher with London Middle Schools. When her husband returned to India in 1974 with the kids, she stayed back continuing her job. She returned to India in December of the same year and along with the kids, came back to London. While her husband's job took him to Afghanistan and several cities in India, she stayed in London bringing up her children, working as a schoolteacher and putting the finishing touches on her PhD thesis.

In April of 1976 after a successful oral defense of her dissertation - which was conducted in London, Mrs. Satwant Singh became Dr. Satwant Singh. In recognition of her 10-year effort and a 500-page thesis, "A study of the relationship between children's reactions to frustrations and their home

environment", the University of Ranchi awarded her a Doctor of Philosophy in Psychology. The thesis acknowledges "the immense cooperation and inspiration extended by my husband".

From 1974-1978, she also continued to raise her children and work as a teacher in London. In March of 1978 at the invitation of her brother who had settled there, she moved to Youngstown, Ohio, USA with her children.

In 1980, she started work as a Licensed Psychologist in Columbus, Ohio and from 1986 until her retirement in 2004 as a Licensed Clinical Psychologist in Virginia. Her primary focus was on mental health issues.

During these years she saw her son become a successful architect and her daughter a successful physician.

She also celebrated the marriage of her children and the blossoming of her family with five grandchildren - Ishani Singh, Karan Jaggi, Milan Singh, Leena Jaggi and Kabir Singh. Her immediate family also includes her son-in-law Sandeep Jaggi and her daughter-in-law - Sharmila Sen.

Asked for 3 words that describe her, her son called her aspirational, focused and as a woman with perseverance.

Her daughter describes her as strong, direct and an excellent cook.

Her husband describes her as loving, forgiving and as "truly my better half".

Dr. Satwant Singh was a motivated, dedicated and resilient woman, wife, mother and friend. She always pushed to better herself, her family and her friends. She was a psychologist who cared deeply about her patients and brought that same level of empathy to her family and friends.

# Previous Events

## Service with Cremation

DEC 30. 4:00 PM (ET)

March Life Tribute Center, P.A. - Laurel  
7601 Sandy Spring Road  
Laurel, MD 20707  
(301) 490-1550  
<https://www.marchlifetributecenter.com>

# Tribute Wall



“ *March Life Tribute Centers - Laurel created a Webcast in memory of Satwant Singh*



**March Life Tribute Centers - Laurel** - December 27, 2023 at 01:24 PM

RM

*Dear Upi and Sandeep, extremely saddened to hear about your mom's passing away. Loss of parent is very sad and a tough phase for the family. But pl remain strong for the father who will need your support more than before. Praying for the departed soul. May God give you the strength and courage to bear her loss. Take care. With both of you in your grief. Sudhir & Ritu*

**Ritu Malik** - December 28, 2023 at 09:25 AM

BP

*Dear Upi and Sandeep, please accept my heartfelt sympathy over the loss of Upi's mother. You are in my thoughts and prayers. She must have been the most remarkable of a woman, ahead of her time, to have raised such a caring, nurturing and accomplished daughter. With my care and respect for you both, Sincerely, Bill*

**Bill Petri** - December 29, 2023 at 10:05 AM

AK

*Dear Upi and Sandeep. Praying for all the strength to bear a loss that cannot be recompensed. Please take care of Uncle evermore now.*

*Spirits may soar to the realm of the soul  
A mother's love exists forevermore  
Her unreserved love and wisdom bright  
Becomes the guiding beacon in every night*

*She will still stand as a pillar strong  
As her family journeys further along  
Higher heights of success they'll climb  
Her spirit will linger as an echo in time*

*She wove dreams with threads of care  
A tapestry of love beyond compare  
Mother will care and guide now from heavens above  
For all who she bore and accepted with love*

*In her passing sorrow's shadow,  
Many a tear will indeed flow,  
Yet, memories like soft winds will blow  
In each triumph her halo will glow*

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**Ajay Kohli** - December 29, 2023 at 11:07 AM

YM

*Dear Upi and Sandeep, I am so sorry for your loss. I am glad that you and your family were able to spend some time with her earlier this fall. You and your family are in my thoughts and prayers. Sincerely, Bonnie*

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**Yvonne A Maldonado** - December 29, 2023 at 06:56 PM

JS

*Dear Shri Ajit Singhji and Family, We are sorry to learn about Mrs. Satwantji's passing away. We have come to know you all for over 25 years and always found her to be a cheerful host and a patient listener. Over these years, we have attended many events of your family and found her to be very welcoming. I last spoke with Mrs, Satwantji in October 2023 when I called on the house phone and she picked it up. She was very alert and recognized me. I inquired about her health and there was no complaint in her voice. She had accepted her condition with a smile. In her we found an intellectual elder person who gave excellent support and companionship to Ajitji and family. It shows her vast study of human psychology. She will be greatly missed by her family and friends alike. We pray that Parmatma Unkey Atmako Sadgati dey! We also pray that almighty grant you all strength to bear this loss. Om Shanti!*

Jayant and Bhavna Shukla - December 29, 2023 at 09:22 PM

PK

*Dear Upi and Sandeep, I'm so sorry for your loss. my deepest condolences. Nothing can replace your mother's love. I hope the memories of her and the time you spent with her will give you some solace.*

Paul Kim - December 29, 2023 at 10:10 PM

TC

*Dear Upi and Family - I'm very sorry for your loss. Your mother sounds like she was an incredible woman. My thoughts are with you and your family. Sincerely, Tara Chang*

Tara Chang - January 08, 2024 at 01:52 PM

SB

“*Dear Upi, Sandeep, Karan and Leena,  
We are sad to hear about your great loss of your mother, mother-in-law and grandmother. What a beautiful and strong woman she was..thank you for sharing her memorial and giving us a glimpse of her remarkable life. May your memories of her give you strength.  
Sonia & Tom Bensky*

sonia bensky - January 11, 2024 at 07:10 PM

DF

“ Denise F. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.

Denise F. - January 08, 2024 at 01:16 PM

VK

“ Dear Upi and family,

*I am truly sorry to hear about your mother's passing. Please accept my heartfelt condolences in this tough time. May you find comfort in the memories of her love and warmth, and strength in the support of those around you. You and your family are in my thoughts and prayers.*

*Sincerely,  
Vanessa*

Vanessa El Kamari - January 05, 2024 at 01:00 PM



“ Gracious Lavender Basket was purchased for the family of Satwant Singh.



January 04, 2024 at 01:32 PM

MB

“ My sincerest condolences, Brian Blackburn planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.

My sincerest condolences, Brian Blackburn - January 04, 2024 at 01:32 PM

FG

“ Dear Upi and family,

*I am truly sorry for your loss. Please accept my heartfelt condolences during this difficult time. May the memories of her love and warmth bring comfort, and I hope you find strength in the support of those around you.*

*Sincerely,  
Frangelica*

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**Frangelica Garcia** - January 04, 2024 at 12:24 PM

ET

“ Dear Upi and family,

*I'm so sad to hear about your loss and offer my heartfelt condolences to you and the family during this difficult time. It's never easy losing a parent, and I hope you find strength and comfort in the lovely memories you both shared. My thoughts and prayers are with you and your family. Sending a lot of love your way.*

*Lisa Thottacherry*

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**Elizabeth Thottacherry** - January 03, 2024 at 07:31 PM

AK

“ Dear Upi and Family,

*Rest in peace to your beloved mom. Her memory and life will live on through all of her loved ones — we are so lucky to have experienced her blessing through the relationship that we have with you. Sending love and support,  
Abraar*

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**Abraar Karan** - January 02, 2024 at 06:11 PM

MS

“ Upi & family - I am so sorry to hear about your loss. I hope you find comfort in the cherished memories and love that you shared with her. Our thoughts and prayers are with you and your family as you navigate through this challenging period. Mindy and Oliver.

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**Mindy Sampson** - January 02, 2024 at 03:47 PM

CB

“ Upi and family, I am so sorry for your loss. Please accept my deepest sympathies. I hope you can take comfort in the many, many years of happy memories you shared. Sincerely, Cyndee Bloom

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**cyndee bloom** - December 31, 2023 at 08:26 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Satwant Singh.

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December 30, 2023 at 05:39 PM

PU

“ Dear Upi and Family: The Utz family shares our condolences with you and your family at your loss. We know you have been visiting your mother regularly to help with her care and that you were very close. May she rest in peace. PJ Utz

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**PJ Utz** - December 30, 2023 at 04:18 PM

ST

“ *Mrs. Satwant Singh was a remarkable women with strong will, a motivator and composed but didn't fear answering direct in a very thoughtful way. Her strong will is the answer the way she lived and decided when to leave (of course as God wished so). We wish her soul rest in heavenly place and The Almighty provides courage to the family and members to go through this loss and cherish the beautiful memories and life experience she left behind. ( Sunil & Seema Taneja)*

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**Seema & Sunil Taneja** - December 30, 2023 at 01:44 PM

“ ਸੋਹਿਲਾ ਰਾਗੁ ਗਉੜੀ ਦੀਪਕੀ ਮਹਲਾ ੧  
 ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ ॥  
 ਜੈ ਘਰਿ ਕੀਰਤਿ ਆਖੀਐ ਕਰਤੇ ਕਾ ਹੋਇ ਬੀਚਾਰੇ ॥  
 ਤਿਤੁ ਘਰਿ ਗਾਵਹੁ ਸੋਹਿਲਾ ਸਿਵਰਿਹੁ ਸਿਰਜਣਹਾਰੇ ॥੧॥  
 ਤੁਮ ਗਾਵਹੁ ਮੇਰੇ ਨਿਰਭਉ ਕਾ ਸੋਹਿਲਾ ॥  
 ਹਉ ਵਾਰੀ ਜਿਤੁ ਸੋਹਿਲੈ ਸਦਾ ਸੁਖੁ ਹੋਇ ॥੧॥ ਰਹਾਉ ॥  
 ਨਿਤ ਨਿਤ ਜੀਅੜੇ ਸਮਾਲੀਅਨਿ ਦੇਖੈਗਾ ਦੇਵਣਹਾਰੁ ॥  
 ਤੇਰੇ ਦਾਨੈ ਕੀਮਤਿ ਨਾ ਪਵੈ ਤਿਸੁ ਦਾਤੇ ਕਵਣੁ ਸੁਮਾਰੁ ॥੨॥  
 ਸੰਬਤਿ ਸਾਹਾ ਲਿਖਿਆ ਮਿਲਿ ਕਰਿ ਪਾਵਹੁ ਤੇਲੁ ॥  
 ਦੇਹੁ ਸਜਣ ਅਸੀਸੜੀਆ ਜਿਉ ਹੋਵੈ ਸਾਹਿਬ ਸਿਉ ਮੇਲੁ ॥੩॥  
 ਘਰਿ ਘਰਿ ਏਹੇ ਪਾਹੁਚਾ ਸਦੜੇ ਨਿਤ ਪਵੀਨਿ ॥  
 ਸਦਣਹਾਰਾ ਸਿਮਰੀਐ ਨਾਨਕ ਸੇ ਦਿਹ ਆਵੀਨਿ ॥੪॥੧॥

While reading one of the verses from this Sikh scripture Kirtan Sohila paath, it says very clearly leaving no ambiguity. That the date and time of one's meeting with God is predetermined, so let us get ready for this meeting just the way a pre-wedding rites are performed for the bride or the groom. Together let's all beg for the blessings of the holy men so as the soul bride to be with the almighty God.

A prayer 🙏 for her this wonderful soul to rest in peace forever in the almighty's sanctuary. Our heart felt condolences for this family loss but at the same time joining you all in celebration of her life. A life fully lived with dignity and pride by such a loving and caring person Mrs. and Dr. Satwant Singh. We always had positive vibrations while meeting her and her husband Mr. Ajit Singh for past several years. May ੴ bless us All with the wisdom to follow the footsteps of such a noble person indeed.

Best Regards,

Kuldip and Manjeet

VK

“ Dear Upi and Sandeep  
We were so sorry to hear of your loss. Our hearts go out to you at this most difficult time. We have wonderful memories of your mother when she would invite us into your home for amazing meals. Her grace and beauty live on in you. With love, Vicki and Pat

Victoria Ketz - December 30, 2023 at 06:22 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Satwant Singh.

December 30, 2023 at 02:18 AM



“ Arrive in Style was purchased for the family of Satwant Singh.



December 29, 2023 at 06:26 PM

JB

“ Dear Upi, Sandeep, Karan, Leena and all Satwant's family and friends,  
Margaret and I were greatly saddened by this news and send our deepest condolences to you all. She clearly had a remarkable life and her memory will live on, as it should.  
In sympathy,  
John Boothroyd and Margaret Krebs

John Boothroyd - December 29, 2023 at 06:22 PM

YS

“ *Your Extended Sons and Daughters From Oak Grove School purchased the Serenity Wreath for the family of Satwant Singh.*



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**Your Extended Sons and Daughters From Oak Grove School**  
- December 29, 2023 at 02:30 PM



“ *Beautiful in Blue was purchased for the family of Satwant Singh.*



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December 29, 2023 at 01:59 PM

KK

“ *Kristina K. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

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**Kristina K.** - December 29, 2023 at 12:38 PM

KK

“ *Dear Upi and Sandeep,  
We are saddened to hear about your loss. Please accept our deepest sympathy and condolences.*

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**Kristina K** - December 29, 2023 at 12:31 PM

GR

“ *Girija R. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

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**Girija R.** - December 29, 2023 at 11:21 AM



“ *Country Basket Blooms was purchased for the family of Satwant Singh.*



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December 29, 2023 at 11:21 AM



“ *Jake Scott and family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

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**Jake Scott and family** - December 29, 2023 at 11:15 AM



“ *Jake Scott and family purchased the Full Of Love Bouquet for the family of Satwant Singh.*



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**Jake Scott and family** - December 29, 2023 at 11:15 AM



“ *Linda G. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

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**Linda G.** - December 29, 2023 at 11:07 AM



“ *Dear Upi and family, we are so sorry for your loss and send you all our deepest sympathy and condolences. Sincerely, Jake and Julia*

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**Jake Scott** - December 29, 2023 at 11:06 AM



“ Beautiful in Blue was purchased for the family of Satwant Singh.



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December 29, 2023 at 09:09 AM



“ Saranjit C. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.

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**Saranjit C.** - December 29, 2023 at 08:35 AM



“ The OakGrove group through Upi & Sandeep planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.

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**The OakGrove group through Upi & Sandeep** - December 29, 2023 at 07:19 AM



“ The OakGrove group through Upi & Sandeep purchased the Peaceful White Lilies Basket for the family of Satwant Singh.

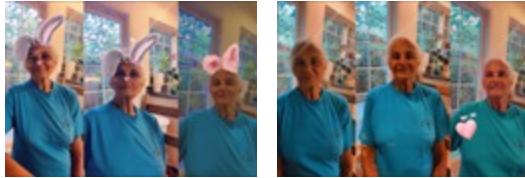


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**The OakGrove group through Upi & Sandeep** - December 29, 2023 at 07:19 AM

SJ

“ 2 files added to the album Mother



Sandeep Jaggi - December 29, 2023 at 06:38 AM



“ Full Of Love Bouquet was purchased for the family of Satwant Singh.



December 29, 2023 at 04:16 AM

PB

“ Saddened to hear about your loss. May she rest in peace. Please take care. Parul

Parul Bahl - December 29, 2023 at 03:07 AM

AS

“ Dear Upi and Sandeep, we are so very sorry for your loss. Sending love and strength to you and the kids to help you through this difficult time. Our deepest condolences, Aruna and Mani

Aruna Subramanian - December 28, 2023 at 09:02 PM



“ *Enchanted Cottage was purchased for the family of Satwant Singh.*



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December 28, 2023 at 02:56 PM



“ *1 file added to the tribute wall*



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**Sandeep Jaggi** - December 28, 2023 at 12:28 PM



*The song in the video is called Kirtan Sohela - "Song of Praise". It is the prayer recited before cremation, following someone's passing. It is found on pages 12 to 13 of the Sri Guru Granth Sahib, the Sikh Holy Scriptures.. Three Sikh Gurus – Guru Nanak, Guru Ram Das and Guru Arjan - contributed to the prayer which speaks to the pain of separation and celebrating the bliss of union with the Almighty.*

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**Sandeep Jaggi** - December 28, 2023 at 12:33 PM



🙏 *ਵਾਹਿਗੁਰੂ ਜੀ ਕਾ ਖਾਲਸਾ, ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫਤਿਹ* 🙏

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**Kuldip Battu** - December 30, 2023 at 02:48 PM

TB

“ *The Baskins purchased the Peaceful White Lilies Basket for the family of Satwant Singh.*



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**The Baskins** - December 28, 2023 at 11:59 AM

DH

“ *Dear Upi, so very sorry for your loss. My deepest condolences to you and your family during this challenging time. May her spirit live on powerfully in you and all others she has influenced.*

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**David Ha** - December 28, 2023 at 11:10 AM

MN

“ *Dearest Upi, I was so saddened to hear about the loss of your mother. My heart goes out to you during this difficult time. Your mother was such a caring person, and I feel fortunate that I have met her a few times.*  
*Please know that I am here for you in any way you need. May you find strength and comfort in the cherished memories you shared with your mother.*

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**Miss Nanna** - December 28, 2023 at 10:24 AM

CR

“ *Dear Upi, I am sorry to hear of your mother's passing, and am sending my strength and love to your family during this difficult time.*  
*Warmly, Cybele*

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**Cybele Anne Renault** - December 28, 2023 at 09:17 AM

MA

“ My dear Upi, I am so sorry for your loss. Knowing what it feels like to loose a parent, I wish I could give you a big hug and sit together to grief. Your mom brought one of the world’s most beautiful, honest, smart, kind, fun and strong women into this world and I am forever grateful for this precious gift she shared with all of us. Sending all of you, especially your dad, strength to make it through the first weeks.

Miss Anna - December 28, 2023 at 02:00 AM

PV

“ Dearest Upi, very sorry for your loss. Our heartfelt condolences to you and your family. Praying for strength and peace for you and your family. Take care, Priya, Ram & Anagha

priya venkatesh - December 28, 2023 at 01:32 AM



“ Basket of Memories was purchased for the family of Satwant Singh.



December 27, 2023 at 08:00 PM

SU

“ Stanford U. purchased the Reflections of Glory W reath for the family of Satwant Singh.



Stanford U. - December 27, 2023 at 07:27 PM

SU

“ *Stanford U. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

Stanford U. - December 27, 2023 at 07:27 PM



“ *Beautiful in Blue was purchased for the family of Satwant Singh.*



December 27, 2023 at 06:52 PM

JS

“ *John & Paul Robles Scroggs planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Satwant Singh.*

John & Paul Robles Scroggs - December 27, 2023 at 06:52 PM

SJ

“ *26 files added to the album Grandmother*



Sandeep Jaggi - December 27, 2023 at 02:28 PM

SJ

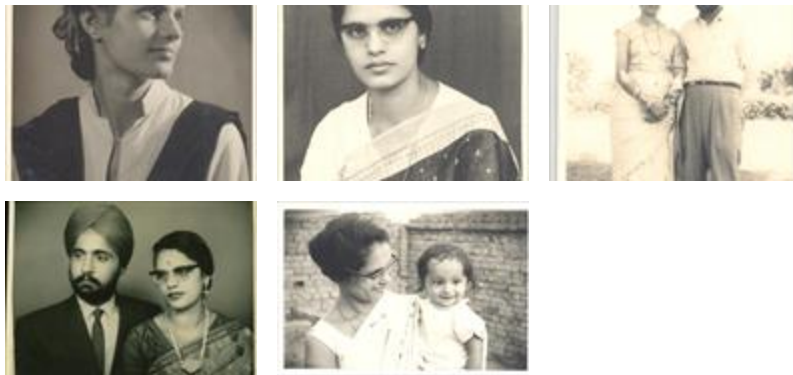
“ 17 files added to the album *Mother*



Sandeep Jaggi - December 27, 2023 at 02:27 PM

SJ

“ 19 files added to the album *Wife*



Sandeep Jaggi - December 27, 2023 at 01:57 PM

SJ

“ 1 file added to the *tribute wall*



Sandeep Jaggi - December 27, 2023 at 01:47 PM

SJ

*This is the prayer recited before cremation, following someone's passing. It is found on pages 12 to 13 of the Sri Guru Granth Sahib, the Sikh Holy Scriptures.. Three Sikh Gurus – Guru Nanak, Guru Ram Das and Guru Arjan - contributed to the prayer which speaks to the pain of separation and celebrating the bliss of union with Almighty.*

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**Sandeep Jaggi** - December 27, 2023 at 06:52 PM